U.S. Department of Labor Office of Labor-Management Standards Washington, DC 20210

5. Position in labor organization.

FORM LM-30 LABOR ORGANIZATION OFFICER AND EMPLOYEE REPORT

Form approved
Office of Management
and Budget
No 1215-0188
Expires 11-30-2006

This report is mandatory under F.L. 86-257, as amended. Failure to comply may result in criminal prosecution, fines, or civil penalties as provided by 29 U.S.C 439 or 440.

READ THE INSTRUCTIONS CAREFULLY BEFORE PREPARING THIS REPORT.

E OUBDE	
1. File Number U - 256//	2. Fiscal Year Covered From:
	JAN /01/2005 Through: DEC/31/2005
3. Name and address of person filing. Name INCENT E. LARENCE	4. Name, file number, and address of labor organization. UNITED FOODE COMMERCIAL WORKERS LOCAL 23. Name 515 - 974 Labor Organization File Number 5UITE 300 P.C. Box, Building and Room Number, if any
P.O. Box, Bldg., Room No., il any Age Street 1734 O'BLOCK ROAD City PITTSBURGH	345 SOUTHPOINTE BLUD Street CANONSBURG

Enter appropriate data below II, during the past fiscal year, you or your spouse or minor child directly or indirectly had any of the following interests (except as specified in the exclusions set forth in the instructions):

A. Held an interest in, engaged in transactions (including loans) with, or derived income or other economic benefit of monetary value from an employer whose employees your organization represents or is actively seeking to represent.				
Name and address of Employer (including trade name, if any).	7.a. Nature of Interest, Transaction, or Income.			
Name :				
Trade Name, if eny:				
P.O. Box, Bidg., Room No., if any				
Street 34750vTHROWIE STOD.	7.b. Amount.			
City Campsonec	300			
State ZIP Code 4 / 377				

Signature

15. Signature and verification	n. The undersigne	ed declares, under	penalty of Perjury and other applicable penalties of the law, that all of the information
submitted in this report (including	na the information	contained in any	accompanying documents), has been examined by the signatory and is, to the best of the
undersigned's knowledge and	belief, true, correct	ct, and complete. (See the section on penalties in the instructions.)
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Form LM-30 (2003)

Name of Person Filing VINCENT F. LARE	File Number U.			
B. Held an interest in or derived income or economic benefit with monetary value from a business (1) a substantial part of which consists of buying from, selling or leasing to, or otherwise dealing with the business of an employer whose employees your labor organization represents or is actively seeking to represent, or (2) any part of which consists of buying from or selling or leasing directly or indirectly to, or otherwise dealing with your labor organization or with a trust in which your labor organization is interested.				
8. Name and address of Business (including trade name, if any): /	9. Business deals with:			
Name HIGHMARK BLUE CROSS BLUE SHIELD	a. Labor Organization			
Ifage Name, it any.	b. Trust			
P.O. Box, Bidg., Room No., if any	c. Employer			
Street FIFTH AUE PLACE 130 FIFTH ST.				
City PITTSBURGH	· · · · · · · · · · · · · · · · · · ·			
State PA ZIP Code + 45222				
10. If 9.b. or 9.c. is checked give trust or employer's name.	11.a. Nalure of such dealing.			
Name LIFL W LOUAL 23 EMPLOYER BENEFIT FUND	HEALTH CARE PROVIDER			
Trade Name, if any:				
P.O. Box, Bidg., Room No., if any	The second of th			
Sheet SUITE 200 345 SOUTHPOINTE BLUD.	11.b. Approximate dollar value of such dealing.			
City CANONSBURG	12.a. Nature of interest held or income received.			
State PA 21P Ccde + 4 15317	LABOR GOLF ONTING			
	12.b. Amount. 306,00			
C. Received from any employer (other than an employer covered under parts A and B above) or from any labor relations consultant to an employer any payment of money or other thing of value.				
13.a. Name and address of Employer of Labor Relations Consultant (including trade name, if any).	14.a. Nature of payment.			
Name				
Trade Name, if any:				
P.O. Box, Bldg., Room No., if any				
Street				
City				
State ZIP Code + 4				
	14.b. Amount of payment,			
13.b. Is the Business an Employer or Consultant?				